

TOUCHED BY THE EXTRAORDINARY – EZINE –ISSUE #6

Practical and Spiritual Wisdom to apply to your daily life. Tips to inspire and motivate you to live your life with joy.

Issue #11

This e-zine is sent only to my special opt-in list. If you do not wish to receive it, please follow the rules at the bottom of this issue to remove your name from the list.

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LETTER FROM SUSAN APOLLON

By the time this letter comes to you, it will be early November. Just seven more weeks until Christmas. Honestly, it feels as though we had just stopped playing “I’ll Be Home for Christmas.” The days, months and years do feel as though they fly by at exponentially increasing speed as we get older.

So what can we do about it? Take time to be conscious of the moment in which you catch yourself. Take time to breathe – and *really* follow your breath from inhaling it, into every cell of your body, to exhaling it from your entire body. By making it your intention to be fully present in the moment, you may catch yourself actually experiencing peace and joy. How about that!

FAVORITE QUOTES:

“It hardly matters that current scientific theories do not embrace miracles. Miracles will endure; most current theories won’t...Science cannot sanitize miracles. It is, rather the other way around: The study of miracles can transform and enrich science.”

Larry Dossey, M.D., (*Unity Magazine*)

“We either make ourselves happy or miserable. The amount of work is the same.”
Carlos Castenada

“Dear God: I didn’t think orange went with purple until I saw the sunset you made on Tuesday night. That was really cool!”
Thomas (from *May God Smile on You Today*)

“Hatred Can Only Be Stilled By Non-Hatred”
Buddha

“The best and most beautiful things in the world cannot be seen or touched but are felt in the heart.”
Helen Keller

ARTICLE: A MIRACULOUS GIFT

Haven’t you wondered what happens at the moment of your death or that of a loved one, especially if you are in a sudden accident? Is there pain? Is there awareness of your death?

One answer to these questions recently came to Eileen, a good friend of mine. Here mom had been killed in a hit and run car accident more than a decade ago. Being very close to her mother, she has long been troubled by the possibility that her mom suffered when hit by the car that seemed to come unexpectedly from nowhere. For years, she has wondered and thought about this.

Recently, quite unexpectedly, she received the answer to her question. While preparing to go to Russia for a special vacation, my friend, Eileen, had gone into town to get some last minute items to pack. She and her husband were leaving several days later and were at the tail end of their preparations.

Coming out of the drugstore, she was thinking what a magnificent day it was, one she could have put in a box and saved for a rainy day. As she had stepped down from the sidewalk onto the road and began crossing the rather wide four lane road, Ellen suddenly felt an instant sensation of having been hit from behind. She was thrown to the street, and, she believes, lost consciousness for just a brief time.

Eileen had been hit by a car. This was not her imagination; this was the real thing. She had been run down by a large automobile which she never saw coming.

What is so amazing here, perhaps, miraculous, is that, except for bruises all over her body, Eileen survived without any broken bones. Everyone was amazed, including her doctors and her family.

What impressed Eileen most was that, as a result of the accident, she knew that her mom had not suffered when she was hit by a car. In fact, she realized that her mom, like her, had not seen the driver coming, and, consequently, she knew that her mom died quickly and without suffering. Her question had been answered!

Not only is it wonderful that Eileen no longer has to dwell on her concern for her mom, she also recognized that the universe, and, perhaps, her mom and or/ her angels found a way to bring the answer to Eileen, which, in turn, enabled her to release her anxiety and feel only a sense of peace. The bottom line: Eileen recognizes that her brush with death was a miraculous gift, providing her with valuable information.

I would like to add one more point here. Eileen is one of the most optimistic, positive, loving, compassionate souls I know. Keeping in mind the principle of Like Attraction (like attracts like), Eileen appears to vibrate energetically at a very high level, and, consequently, is lovingly protected and cared for by universal energy. (In fact, given that Eileen has had numerous medical challenges throughout her life, and has come through every one of them with great success, I am convinced that it is her extremely positive perspective and approach to life that has contributed to her well-being.)

In this case, she was provided with an opportunity to learn, but, perhaps because she tends to be at such a high level of vibrational energy, she was not physically hurt. How lucky she is! She is for all of us an outstanding role model of pure, positive, loving energy – something we can all integrate into our lives.

NEWS I WISH TO SHARE WITH YOU

Yanni Maniates has a new book he will be releasing on-line in mid to late November.
Magical Keys to Self-Mastery: Creating Miracles in Your Life.

What a wonderful book this is. Written in an easy-to-read style, Yanni's gentle, wise, loving energy fills your mind and heart, as he inspires and teaches you simple techniques to meditate, listen with your heart, meditate with your children, and develop your intuition. If you are in need of taking back your power and feelings of well-being and peace, give this book to yourself, as a gift, and to your loved ones with similar needs. Be sure to check out his website, www.learnmastery.com and his blog www.learnmasteryblog.com or telephone him at 215 295 5444.

A Must Read! : ***41 Signs of Hope*** by David Kane; New Rivers Press.

If you have lost a child, spouse or friend, and are looking for hope, you must read this book. Nick O'Neill died in the Rhode Island Nightclub Fire in 2003. He was just 18 years-old. His parents, David and JoAnn Kane shared with me story after story which validated that their Nick continues to be with them on an ongoing basis. The number 41

had always been especially meaningful to Nick while he was alive – and it continues to be a specific indication of Nicky’s presence. David has written about the ongoing extraordinary experiences with their son; the result – 41 chapters and 41 expressions of hope.

Another “Must Read” for anyone dealing with cancer, loss and spiritual growth: recently released, ***Healing Consciousness: A Doctor’s Journey to Healing* by Beth DuPree, M.D.**

Rarely do you have an opportunity to share the very personal and remarkable journey of a breast cancer surgeon. Beth DuPree, a dear friend, has written a book that is touching hearts and souls everywhere because of her down-to-earth, warm, intimate account of her own spiritual journey. How special it is to meet a surgeon who is so secure in her own knowledge that she welcomes the assistance of reiki masters and shamans when working with her patients.

If you have lost a loved one and you have a love for dogs, you should read, ***My Therapist’s Dog* by Diana Wells.**

Diana blends her wealth of knowledge about our canine friends with her own story of deep sorrow and grief, and how she came to find a greater sense of peace and healing through her unique relationship with her own therapist’s dog. This mother’s journey parallels that of so many who have lost their son or daughter or other close family members.

An Extraordinary Opportunity for the Writer in You

Finally, if you are eager to write your first book and also learn how to promote it, then you may seriously consider taking an e- class offered by my friend and mentor, **John Harricharan**, who has written best sellers which include ***The Power Pause and When You Can Walk On Water, Take A Boat.*** His next class, which is limited to only 15 students (because of the personal attention he gives each student), begins November 30th. For more information, go to the website:
<http://clicks.aweber.com/z/ct?WJkkVztdvcspVg7H27JmA>

APPEARANCES AND EVENTS

Monday, October 30th, I am honored to be interviewed by Carolyn Carlson on **Life After Loss**, KTOE radio 1420 AM in Minnesota, at 1:35 p.m. I feel so fortunate to be doing the show with Kim Wencl, a mother, who, after the death of her daughter, studied intuitive development and learned how to connect with her daughter and others who are deceased. The name of the show: *Miracles, Prayer and Healing.*

On Saturday, November 4, as part of *A Day for All Women*, at Bucks County College in Newtown, PA, I will be presenting a workshop, *How to Create Needed Miracles in Your Life*, scheduled from 10:15 – 11:45 a.m. It should be a wonderful, fun, and informative time for all of us. ABC News Anchor, Tamala Edwards is the keynote speaker, followed by lunch and great afternoon workshops. Hope you can join us!

On Wednesday, October 30, I will be speaking to members of **Gilda's Club in Warrington, PA**. My presentation will address our ability to bring our own resources and extraordinary gifts to the experience of healing our body, mind and soul.

PERSONAL EXCELLENCE - The Magazine of Personal Leadership (www.LeaderExcel.com) ran *Being There: Visiting Ill Loved Ones* by Susan Apollon in their September issue. What an honor to be featured with other writers including Lance Armstrong, George Bush, Mark Victor Hansen, Melissa Etheridge, Marc Allen, Bill Clinton and Michael Dell. I feel humbled by this inclusion.

Health Magazine, in their September issue, included a wonderful article, *Trust Your Gut*, by Audrey Edwards. I am grateful to Audrey for including several quotes from her interview with me regarding suggestions for developing your intuitive wisdom.

MORE QUOTES TO CONSIDER

“When I stand before God at the end of my life, I would hope that I would have not a single bit of talent left and could say, ‘I used everything you gave me.’”

Erma Bombeck

“If you want more of something, be grateful for what you have.”

Diane Harmony

(author of *5 Gifts for an Abundant Life: Create a Consciousness of Wealth*)

“Making other people happy is what brings me happiness... The real lesson is what you do to others will indeed be DONE unto you. What you put out comes back; it's the third law of motion. So, we're always rewarded in kind according to the depth of our deeds.”

Oprah Winfrey (*Unity Magazine*)

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SCHEDULE SUSAN TO SPEAK AT YOUR NEXT MEETING:

Organizations have asked Susan to speak on a number of subjects, including: *Uncovering Your Extraordinary Essence*; *Creating Needed Miracles in Your Life*; *Love: the Key to Healing and Intuition*; *When Deceased Loved Ones Continue to Communicate with Us*; *The Gift of Being There for the Ill and the Dying*; *Secrets to Manifesting Your Heart's Desires*; *How Developing Your Intuitive Wisdom Empowers You*, and related topics. If

you would like to have Susan speak at one your meetings, please telephone her at 215 321 0632 or e-mail her at susan@mattersofthesoul.com

SPECIAL BONUSES WITH YOUR NEXT ORDER OF *TOUCHED BY THE EXTRAORDINARY!*

We have a new website designed specifically to offer you exceptional and valuable bonuses as a thank you for ordering *Touched by the Extraordinary*. Please visit: www.extraordinaryhealingonline.com to check out our bonus gifts. We are very excited about these offerings.

A SPECIAL NOTE

I have written this newsletter to assist each of you to connect with your extraordinary essence, so often buried by the trials and tribulations of life. Making the connection is not as difficult as most have been led to believe. Once the connection is made – with your essence and your soul, your life becomes one huge extraordinary moment – completely delicious, joyful and beautiful.

Wishing you blessings of heartfelt connection, Susan

Please forward a copy of this newsletter/e-zine to your friends and family. Ask them to sign up for their own copy at: www.touchedbytheextraordinary.com . Also, for interesting tidbits of information about extraordinary experiences and intuitive development, please check out: www.touchedbytheextraordinaryblog.com. For those of you who are interested in ordering *Touched by the Extraordinary* with many wonderful bonus gifts, please visit: www.extraordinaryhealingonline.com. I promise you will not be disappointed.

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I hope you will send this newsletter in its entirety to whomever you believe it will benefit.

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